



# January 2026 MENU

## Friends Food Fellowship

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2% Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.	FINAL		1  Closed for New Year's Day	2 BBQ Pork Chop Black Eyed Peas Cooked Cabbage Peaches Roll Waldorf Salad
5 Meatloaf Whipped Potatoes California Blend Vegetables Mandarin Oranges Peanut Butter Cookie	6 Broccoli Cheese Soup Crackers ½ Ham Sandwich on Whole Grain Bread Green Pea Salad Blushing Pears	7 Chicken Pot Pie Creamy Cole Slaw Apricots Angel Food Cake	8 Sloppy Joes on Bun Scalloped Potatoes Calico Baked Beans Strawberries	9 Pork Roast Glazed Sweet Potatoes Cooked Cabbage Apple Sauce Whole Grain Bread
12 Oven Baked Chicken Whipped Potatoes Mixed Vegetables Mixed Fruit Roll	13 Chili Crackers Cottage Cheese Asian Cole Slaw Chilled Pears Corn Bread	14 Roast Beef Mashed Potatoes Green Beans Pineapple Whole Grain Roll	15 Italian Chicken Breast Brussel Sprouts Corn Oranges W/Bananas Roll	16 Mac n Cheese w/ham Broccoli Tossed Salad w/tomatoes Warm Peach Crisp Whole Grain Bread
19  Closed for Martin Luther King Day	20 Country Fried Steak Mashed Potatoes & Gravy Green Beans Apricots Whole Grain Bread	21 Pork Chop Baked Potato California Blend Tropical Fruit  BINGO	22 Spaghetti w/meat sauce Tossed Salad w/tomatoes Corn Hot Cherry Crisp	23 Turkey Sweet Potatoes Peas Banana
26 Beef Stroganoff over Noodles(g) Gourmet Carrots Green Beans Cinnamon Applesauce	27 Ham Hash Brown Casserole Brussels Sprouts Chilled Peaches Whole Grain Roll	28 Seasoned Beef Pattie Whipped Potatoes Black Eyed Peas Carrot Cake w/Cream Cheese Icing	29 Pork Cutlet Mashed Potatoes Broccoli & Cauliflower Apricots Whole Grain Bread	30  Cook's Choice

**CALL THE DAY BEFORE TO RESERVE A MEAL**

(Call before noon, please)

**Suggested Donation \$4.75/Meal**

**Litchfield 217-324-3032 Hillsboro 217-532-3662 Morrisonville 217-994-6748**

\*Items on this menu may include or have been prepared in a facility where major food allergens such as milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, soybeans, or sesame are present. For further information about allergens, please contact a Meals on Wheels staff member.