

Friends
Food
Fellowship



September 2024 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Turkey Burger on Bun Glazed Carrots Green Beans Banana Pudding Fruit Cocktail	4 Beef N Noodles Brussels Sprouts Corn Apricots	5 Ham Hash Brown Casserole Succotash 5 Cup Salad Whole Grain Roll	6 Cook's Choice
9 Sweet & Sour Chicken w/Pineapple over Rice Steamed Broccoli Jell-O w/Fruit Cocktail	10 Grilled Pork Tenderloin on Whole Grain Bun Roasted Red Potatoes Green Beans Watermelon	11 Egg & Cheese Omelet Sausage Patty Hash Browns Hot Herbed Tomatoes Orange Juice Cinnamon Roll	12 Grilled Chicken Breast Broccoli Rice & Cheese Carrots Strawberries Whole Grain Bread	13 Taco Salad w/tortilla chips Meat & Refried Beans Lettuce, Tomato, Onions Shredded Cheese Salsa Apple
16 Pork Chops Roasted Red Potatoes Green Beans Peaches Whole Grain Roll	17 Spaghetti w/meat sauce Carrots & Peas Tossed Salad w/tomatoes Salad Dressing Baked Apples Garlic Bread	18 Fish on Bun Cauliflower w/cheese Baked Beans Cantaloupe BINGO	19 Ball Park Frank on Bun Macaroni & Cheese California Blend Cole Slaw Banana	20 Grilled Chicken Salad w/Romaine Lettuce, Tomatoes and Cheese Mandarin Oranges Bread Stick Graham Cracker
23 Oven Baked Chicken Parsley Potatoes Peas Whole Grain Bread Melon Medley	24 Sloppy Joes on Bun Au Gratin Potatoes Calico Baked Beans Pineapple	25 Turkey & Dressing Mashed Potatoes Mixed Vegetables Strawberries Whole Grain Roll	26 Hamburger on Bun Romaine Lettuce, Tomato, Onion, Pickles Potato salad 3 Bean Salad Cantaloupe	27 Chef Salad Turkey, Ham, Egg Lettuce, Tomato, Cucumber Carrots, Shredded Cheese Salad Dressing Mandarin Orange Cake Club Crackers Pineapple
30 Fried Chicken Potato Salad Carrots Hot Apple Crisp Biscuit				Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.

FINAL

CALL THE DAY BEFORE NOON TO RESERVE A MEAL

Suggested Donation \$4.25/Meal

Litchfield: 217-324-3032

Hillsboro: 217-532-3662

Morrisonville: 217-526-3621